

NZWIR OUTWARD BOUND WOMEN IN LEADERSHIP SCHOLARSHIP – APPLICATION FORM 2023

Adventurous Leadership with Outward Bound

Outward Bound and New Zealand Women in Roofing are thrilled to invite 1 current female financial NZWiR member to join 13 other like-minded women from across Aotearoa and across multiple industries on a 5-day Leadership experience. The course will run from 6 NOV 2023 – 10 NOV 2023. A shared group experience harnessing the power of adventure, mental and physical challenge, and reflection to help you discover that there is more in you.

As leaders we engage with the exciting responsibility of motivating, inspiring and supporting others to be their best both as individuals and as part of a team.

What would be possible for you and your team if you were given the opportunity to develop the self-awareness and self-belief to lead with authenticity, courage and compassion?

In those 5 days you'll be guided to:

- Experience and connect with the natural world, through a range of group activities Build self-awareness, self-belief and resilience through mental and physical challenge
- Explore and practice a range of leadership models and approaches to support your leadership journey
- Build a supportive network of female peers from around the country
- Reflect on and explore your own values, leadership experiences and direction/vision
- Explore your leadership style deeply through psychometric profiling and debrief to leverage your strengths and create an action plan for back 'on the tools'
- Plan and prepare for your next phase on the leadership journey taking advantage of the resources around you to equip you for what's ahead.

Outcomes of the 5 days you spend with us and your watchmates at Anakiwa are increased by:

- Self-awareness
- Self-belief
- Communication and influencing skills
- Resilience
- Complex problem solving
- Emotional Intelligence and empathy
- Understanding of personal values

What does that mean for you once you're back in your role? Developing, practising, and applying these skills will enable you to:

- Build positive and more valuable relationships; internally and with stakeholders.

- Embrace and drive your own career pathway and further development.
- Consistently step up with confidence to new opportunities and challenges.
- Set appropriate boundaries and prioritise personal wellbeing for the benefit of your work and home life.
- Collaborate meaningfully with others, positively engage in conflict resolution and influence outcomes.
- Apply innovative leadership that encourages and empowers others.

Based at Anakiwa in the beautiful Marlborough Sounds our approach to leadership development, challenges you to step outside of your comfort zone, learn how to commit to what you say, embrace the outdoor splendour and think outside of the box.

The challenges and uncertainty are authentic, the personalities and complexities are real. The feedback is immediate. This is what truly explores, tests and grows your leadership ability to look like.

Your 5 days with us will be both mentally and physically challenging because we do not believe that you can grow by standing inside your comfort zone. However, Outward Bound is not a boot camp. You will never be encouraged to do something you're not capable of and you will be safely supported, coached and challenged with aroha by your expert instructors and leadership facilitator.

One of the very best work weeks of your life awaits you in Anakiwa. One that will provide you lessons you'll draw on for a lifetime. Come join us - there is more in you!

Tell us more:

Complete this application form and send it by 5pm Friday, 1st of September 2023 to: info@nzwomeninroofing.org.nz

Please read the Terms and Conditions on the final page to check if you are eligible to apply.

The more information you provide, the better the picture our judging panel will have of you.

If you need more space for your answers, please feel free to extend the boxes.

Any questions?

Please email info@nzwomeninroofing.org.nz or phone Jenny Maxwell (NZWiR Board Member) on 021 226 6840

Your Details:

First Name:

Last Name:

Organisation:

Role:

Phone Number:

Address:

Why are you applying for the NZWIR Outward Bound Women in Leadership Scholarship?

Your answer should include details about what you would like to achieve by participating in the Women in Leadership course and how this will help you personally and professionally. What do you expect to gain from this experience?

Tell us about yourself.

Please include a summary of your experience within the roofing industry (roles you have held, what made you choose the roofing industry, and what you love about the job, do you have any goals and aspirations within our industry?)

Employer Details:

Company Name:

Contact Name:

Contact Phone Number:

Contact Email:

Employer Participation:

We encourage your Employer to share their thoughts about how you, attending this course, will support both you and their business.

1. Why do you support this application for your Employee to attend the NZWIR Outward Bound Women in Leadership course?
2. Please tell us about your Employee, and the benefits you believe they will gain from this experience?
3. Do you have anything else you wish to add in support of this application?

I Agree to

(Applicants name)

attending the NZWIR Outward Bound Women in Leadership Course from 6 NOV 2023 – 10 NOV 2023

Terms and Conditions

- NZWiR Outward Bound Women in Leadership Scholarship course applications must be received no later than 5pm Friday, 1st September 2023 to: info@nzwomeninroofing.org.nz
- Applicants must be current 2023 – 2024 financial members.
- Applicants must be over the age of 18 years of age at the time of application.
- Applicants must be female and working within the Roofing Industry in New Zealand.
- Applicants must agree to provide post course feedback and a statement summarising their experience, they also give permission for any photography and/or video to be used for promotional purposes.
- Approval of leave to attend the course from 6 NOV 2023 – 10 NOV 2023 must be sought from the employer.
- The applicant agrees that the selection panel will request a joint interview with you and your employer should you be one of the top 3 applicants (by Microsoft Teams)
- The scholarship winner will be notified by the 15th September 2023.
- Travel requirements must be advised of by 29th September 2023.
- Awarded applicants cannot transfer their place to another person and the offer is only valid for the November 2023 course
- Outward Bound requires participants to take COVID-19 RAT (Rapid Antigen) Tests and provide a negative result immediately prior to the course. Check the Outward Bound website for the latest COVID information [Our COVID-19 Response Plan - Outward Bound](#)
- All requirements of the Outward Bound enrolment process must be completed in a timely manner
- Accepted participants must complete a medical clearance through a GP as part of the Outward Bound enrolment process.
- Accepted participants must be fit enough to run 3.2 km in under 25 minutes and be able to complete a full day of activities.
- The course takes place at Anakiwa in the Marlborough Sounds, NZWiR will reimburse up to \$600 towards the accepted participant's travel costs between their normal home address and Outward Bound. (Proof of receipt is required)
- If the course should be cancelled due to COVID-19, we will endeavor to reschedule it later or make alternative arrangements.

For a full list of Outward Bound guidelines around fitness, health, and required gear, please visit:

[Women in Leadership - Outward Bound](#)

DECLARATION:

By signing below and submitting this application, we agree to the terms and conditions of the Outward Bound Programme and agree to NZWiR sharing personal information within the selection panel.

Applicant's Signature:

Date:

Employer's Signature

Date:

APPLICATIONS CLOSE 5 pm Friday, 1st of September 2023

OUTWARD BOUND NZ

PARTICIPATION GUIDELINES



To ensure you can safely participate in our courses, Outward Bound requires full disclosure of all medical and criminal history. After we receive your information, each participant is assessed on a case-by-case basis. Confirmation of your enrolment is subject to approval from the Outward Bound medical screening team. Please be aware that you will be asked to disclose information related to the following topics which may impact your ability to attend Outward Bound.

Minimum Fitness

Must be able to run 3km in under 25 minutes and be comfortable in/around water. Life jackets are always available for use if you are not a strong swimmer.

Criminal History

All criminal convictions or pending court appearances must be disclosed, including any involvement in Youth Court.

BMI (Body Mass Index)

BMI should be within 18 – 38. If you are outside of this range (below 18 or above 38), please contact us. Maximum participant weight is 130kg due to safety and equipment limitations. Wheelchair users must be under 85kg.

Smoking and Vaping

Outward Bound is smoke and vape free at all times. You are welcome to bring nicotine patches and gum on course if required.

Mental Health

We require disclosure for any of the following diagnosis/conditions/experiences:

- Anxiety
- Depression
- Bi-polar, schizophrenia
- PTSD
- Eating disorder
- Alcohol/drug treatment or counselling
- Suicidal thoughts/attempts
- Self-harming behaviours
- Medications

Other Health/Medical Information

Further information is required regarding all of the following:

- Neurodiversity
- Asthma/respiratory condition
- Seizures
- Diabetes
- Allergies
- Traumatic experience or death of friend/family in past 12 months
- High blood pressure
- Fainting attacks, blackouts
- Migraines
- Hepatitis, HIV, AIDS
- Disability (physical, intellectual)
- Head injury, concussion (conscious/unconscious)
- Current medication
- Heart condition
- Backache, spinal injury, disc trouble
- Dislocation or joint injury
- Other serious illness, injury, operation or condition
- Currently pregnant (unable to attend if pregnant)

Contact Us

Please contact the team at Outward Bound to discuss any questions or concerns regarding the above participation requirements. This conversation will be strictly confidential.

